

**TARGET AUDIENCE:**

Health care providers, settlement service workers, peer support workers, school board personnel, policy makers, directors, CEOs for hospital/community agencies, first responders, and funders as well as consumers, family members, students and the community at large.

**OBJECTIVES:**

At the end of the conference, participants will be able to:

1. Describe characteristics and the benefits of empowerment-focused mental health initiatives
2. Identify practical strategies to improve engagement, inclusion and equity in mental health initiatives
3. Integrate cultural perspectives in the development and implementation of mental health initiatives and services as well in governance and leaderships

**ORGANIZING COMMITTEE:**

Lisa Andermann	Shawn Pendenque
Amy Chan	Scott Pepin
Vincenzo Di Nicola	Allan Peterkin
Kenneth Fung (Chair)	Jill Shakespeare
Pauline Ho	Rani Srivastava
Michelle Jubin	Amie Tsang
Bonnie Kaiser	Lesley Wiesenfeld
Jenny Le	Bonnie Wong
Ted Lo	Kathy Wong

Coordinated by:  
**Hong Fook Mental Health Association**

In partnership with:



**Morning Sessions**

- 08:00 am Registration
- 08:30 am Welcome Remarks  
*Kenneth Fung and Bonnie Wong*
- 08:45 am Keynote Lecture: Towards a Cultural Psychotherapy of Empowerment  
*Martin La Roche, , Vincenzo Di Nicola, Bonnie Wong, Franklynn Bartol, Steven Wolin*

**10:30 am Break**

- 10:45 am Concurrent Symposia and Workshops (First Round):
- S. Empowerment and Inclusion as Alternatives to Violent Radicalization  
*Diana Miconi, Rochelle Frounfelker, Yann Zoldan*
- P1. Critical Perspectives on Engagement in Global Mental Health  
*Shubha Ranganathan, Annie Jaimes, Cécile Rousseau, Bonnie Kaiser*
- W1. Advancing Ethical Know-How in Mental Health Research and Practice: From Theory to Practice  
*Ana Gómez-Carrillo, Nicole D'Souza, Mónica Ruiz-Casares*

W2. Service User Perspectives on Inclusion, Human Rights and System Accountability  
*Lana Frado, Lucy Costa*

W3. Decolonizing Trauma Work: Indigenous Stories and Strategies  
*Renee Linklater*

W4. Engaging Faith Communities in Mental Health/Addictions  
*Yusra Ahmad, Baldev Mutta*

**12:15 am Lunch**



**Afternoon Sessions**

- 01:15 pm Concurrent Symposia and Workshops (Second Round):
- P2. Reflexivity and Intersectionality in Research and Clinical Care  
*Ana Gómez-Carrillo, George Eric Jarvis, Alecia Greenlee, Cathy Schen, Joan Simalchik*
- W5. Racism Injuries and Mental Health  
*Bonnie Lee*
- W6. Cultural Psychotherapy Workshop  
*Martin La Roche*
- W7. Empowering Family Initiatives  
*Kenneth Fung, Lee Steel, Rosalie Steinberg, Nicole Schulz*
- W8. Challenging the Status Quo and Championing Equity  
*Sonia Meerai, Baldev Mutta*
- W9. An Innovative Approach towards Engaging and Empowering Immigrants Communities  
*Sunny Wang, Fei Fung, Moshe Sakal*

**02:45 pm Break**

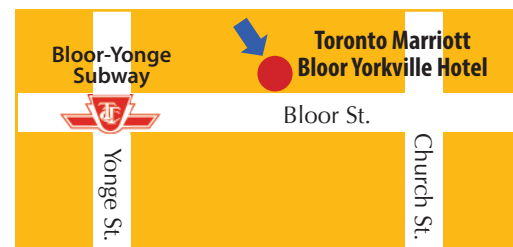
03:00 pm Closing Plenary on Empowerment: A Family Perspective  
*Josephine Wong, Martin La Roche, Kenneth Fung*

Closing Remarks  
*Kenneth Fung*

Sessions conducted in English

04:30 pm Poster Session

Location: Toronto Marriott Bloor Yorkville Hotel  
90 Bloor St East, Toronto, ON M4W 1A7



**Registration Form**

**How to register:**

Fee: \$150 including lunch and conference materials

Registration for **full** SSSPC Annual Conference 2019 from Thursday, April 25 to Saturday, April 27, 2019, please visit: [www.psychiatryandculture.org](http://www.psychiatryandculture.org)

Please mail a completed registration form by Friday, **March 29, 2019** to:

**Hong Fook Mental Health Association**  
3320 Midland Avenue, Suite 201  
Scarborough, Ontario M1V 5E6

Online registration: [www.hongfook.ca](http://www.hongfook.ca)

**Payment method:**

Amount: \$ \_\_\_\_\_

Cheque Payable to:  
Hong Fook Mental Health Foundation

VISA / Master Card #: \_\_\_\_\_

Expiry Date: \_\_\_\_\_ Card Verification Value (CVV): \_\_\_\_\_

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Profession: \_\_\_\_\_

Agency: \_\_\_\_\_

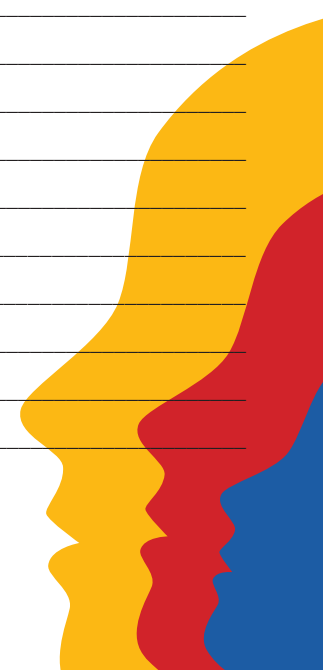
Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

**Registration & Enquiry:**  
416-493-4242 ext. 2277  
jle@hongfook.ca



# Registration Form

Please indicate the workshops that you would like to attend.  
(Please select one only for each session)

## Morning

- S. Empowerment and Inclusion as Alternatives to Violent Radicalization (*Symposium*)
- P1. Critical Perspectives on Engagement in Global Mental Health (*Paper Session*)
- W1. Advancing Ethical Know-How in Mental Health Research and Practice: From Theory to Practice (*Workshop*)
- W2. Service User Perspectives on Inclusion, Human Rights and System Accountability (*Workshop*)
- W3. Decolonizing Trauma Work: Indigenous Stories and Strategies (*Workshop*)
- W4. Engaging Faith Communities in Mental Health/Addictions (*Workshop*)

## Afternoon

- P2. Reflexivity in Research and Clinical Care (*Paper Session*)
- W5. Racism Injuries and Mental Health (*Workshop*)
- W6. Cultural Psychotherapy Workshop (*Workshop*)
- W7. Empowering Family Initiatives (*Workshop*)
- W8. Challenging the Status Quo and Championing Equity (*Workshop*)
- W9. An Innovative Approach towards Engaging and Empowering Immigrants Communities (*Workshop*)

## Presenters

**Yusra Ahmad**, MD, FRCPC  
Psychiatrist & Clinical Lecturer, Department of Psychiatry,  
University of Toronto

**Franklynn Bartol**  
Stella's Place, Research Associate of Yale University

**Lucy Costa**  
Deputy Executive Director Empowerment Council

**Nicole D'souza**, PhD  
McGill University

**Vincenzo Di Nicola**, MPhil, MD, PhD, FRCPC, DFAPA  
Professor of Psychiatry, University of Montreal and Clinical Professor,  
The George Washington University

**George Eric Jarvis**, MD, MSc  
McGill University

**Lana Frado**  
Executive Director, Sound Times Support Services

**Rochelle Frounfelker**, ScD, MPH, MSSW  
Department of Psychiatry, McGill University

**Fei Fung**, MSocSc (Mental Health), RSW  
Lead, Integrated Recovery Program, Hong Fook Mental Health Association

**Kenneth Fung**, MD, FRCPC, MSc  
Associate Professor, Associate Professor, University of Toronto

**Alecia Greenlee**, MD, MPH  
University of Chicago

**Ana Gómez-Carrillo**, MD  
McGill University

**Annie Jaimes**, MA  
Sherpa Research Center/University of Québec in Montréal

**Bonnie Kaiser**, PhD, MPH  
University of California, San Diego

**Martin La Roche**, PhD  
Associate Professor of Psychology in the Department of Psychiatry,  
Boston Children's Hospital

**Bonnie Lee**, MSW, PhD  
University of Lethbridge, Faculty of Health Sciences

**Renee Linklater**, PhD  
Centre for Addiction and Mental Health

**Sonia Meerai**, BSW, RSW, MSW  
PhD Student at York University, Faculty of Graduate Studies, School of  
Gender, Feminist & Women's Studies, Instructor at Wilfrid Laurier University,  
Lyle S. Hallman Faculty of Social Work (Brantford Campus), Social Worker at  
Brantford General Hospital, Sexual Assault/Domestic Violence Program

**Diana Miconi**, PhD  
Department of Psychiatry, McGill University

**Baldev Mutta**  
Chief Executive Office, Punjabi Community Health Services

**Shubha Ranganathan**, PhD  
Department of Liberal Arts, Indian Institution of Technology Hyderabad

**Mónica Ruiz-Casares**, PhD, MSc, LLB  
McGill University/Sherpa University Institute

**Cécile Rousseau**, MD  
Department of Psychiatry, McGill University

**Moshe Sakal**  
Peer Coach, Hong Fook Mental Health Association

**Cathy Schen**, MD  
Harvard Medical School

**Nicole Schulz**, MSW, RSW  
Youth and Family Mental Health Coordinator, Early Intervention  
and Transitional Youth Programs, Hope and Me -Mood Disorders  
Association of Ontario

**Joan Simalchik**, PhD  
University of Toronto Mississauga

**Lee Steel**  
Coordinator, Extend-A-Family

**Rosalie Steinberg**, MSc, MD, FRCPC(C)  
Consult Psychiatrist, Hope and Me Mood Disorders Association of  
Ontario; Staff Psychiatrist and Co-Lead, Quality Improvement, Mood &  
Anxiety Program, Sunnybrook Health Sciences Centre; Consult Liaison  
Program, Sunnybrook Health Science Centre and St. John's Rehab;  
Assistant Professor, Department of Psychiatry, University of Toronto

**Sunny Wang**, MA  
Manager, Resource Advancement and Communications,  
Hong Fook Mental Health Association

**Steven Wolin**, MD  
Clinical professor of psychiatry at the George Washington University  
Medical School in Washington DC, director of family therapy training

**Bonnie Wong**, MSW, RSW  
Executive Director, Hong Fook Mental Health Association

**Josephine Wong**, RN, PhD  
Associate Professor, Daphne Cockwell School of Nursing,  
Ryerson University and Committee for Accessible AIDS

**Yann Zoldan**, PhD  
Department of Psychiatry, McGill University

### Hong Fook Mental Health Association

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Scarborough, ON, M1V 5E6

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Email: info@hongfook.ca Website: www.hongfook.ca

Diversity and Equity  
in Mental Health and Addictions  
Conference 2019

Engagement

Empowerment

Equity

From Theory to Practice

Friday, April 26, 2019  
8:00am – 4:30pm

Toronto Marriott  
Bloor Yorkville Hotel  
90 Bloor Street East, Toronto