



Building on our strengths

A snapshot of what we accomplished together in the first year since launching our *Strategic Plan* at our Annual Conference in May 2016.

Strategic Direction 1

Supporting members in their service delivery

The Excellence through Quality Improvement Project (E-QIP), a partnership with CMHA Ontario and HQO:

- **Supported 29** agencies with quality improvement projects and data coaching
- **Engaged 2,060** professionals from the sector in IDEAS training and webinars
- **Recruited 404** community of practice members

"The EQIP project and tools were really helpful for us. We believe this learning will have a lasting impact on us and our services, and ultimately improve our services significantly to better serve our clients."

Jean Stevenson, *Executive Director,*
Madison Community Services

Held our largest addictions and mental health conference yet:

- **350** attendees
- **48** education sessions
- **150+** speakers



Keynote speaker Jessica Holmes engaging the audience at the 5th Annual Addictions and Mental Health Conference, May 2017.

Brought together over **120** addiction and mental health providers for two Community of Practice meetings to discuss practice, policy and innovation.



Kept members up to date about the latest developments and practice issues:

- **18** briefing notes
- **22** memos and updates
- **5** webinars and teleconferences



Strategic Direction **2** ▶

Ensuring an accessible and comprehensive system of care

Supported Ontario's Mental Health and Addictions Advisory Council (the Council), including the following roles:

- Chair of the youth addictions working group
- Supportive housing working group
- System alignment and capacity working group
- Core set of services
- Primary care task force



Members of the Mental Health and Addictions Leadership Advisory Council with Health and Long-Term Care Minister Dr. Eric Hoskins.

Together with our partners and the Council, successfully **advocated** for:

- Improved access to psychotherapy
- Increasing the supply of supportive housing
- Providing more accessible and integrated care with Youth Wellness Hubs



Provided feedback and advice on Ontario's Strategy to Prevent Opioid Addiction and Overdose, and made a submission to the Ministry of Health and Long-Term Care with policy recommendations to invest in community addiction treatment.



Advanced **Best Practices in Peer Support** work:

- Focused on: (1) Capacity Building, (2) Public Speaking and (3) Training.
- Peer Support Symposium brought together over 100 people working and/or involved in peer support services, including the LHIN leads from seven of the fourteen LHINs.



Consulted on and developed a sector specific scorecard for **adult residential addiction treatment**.



Produced a report on supportive housing outlining recommendations for models of support based on best practice and evidence.



Strategic Direction **3** ▶

Being a strong, effective voice of community mental health and addiction

Together with our partners, called on the federal government to commit resources to mental health and addiction through the **Health Accord**, which led to an investment of \$1.9 billion for Ontario over 10 years.



- AMHO members contacted over 25 MPs to voice their support for increased federal funding and to communicate the impact of zero operational budget increases.

Provincial Pre-budget submissions **advocated** for both increases to operational funding, as well as new resources to expand services and supports in priority areas:



- AMHO recommendations mentioned four times in the Standing Committee's report to the Legislature.

Raised our voice about the need to put health first when it comes to **cannabis legalization**, and prioritize education, promotion and addiction and mental health treatment.



Increased awareness of our policy work and issues in the community mental health and addiction sector with coverage in various media outlets: Toronto Star, Ottawa Citizen, CP24, CTV and CBC.

Expanded our audience with over 1,850 combined followers on Facebook and Twitter and subscribers to our newsletter.



Gail Czukur, AMHO CEO, speaking on CTV news about the Opioid Summit in Ottawa.

Strategic Direction 4

Building the sustainability of the association

Secured more funding to support our projects, increase our staff capacity and deliver on our strategic goals.



Established a baseline for measuring our progress on our Strategic Plan with a membership survey completed by over 100 members.



Implemented a new system for membership renewal, stakeholder relationship management and data and tracking.



Lynette Katsivo, AMHO's Manager of Public Policy, at our Annual Conference.

For the financial statement, please contact us at info@addictionsandmentalhealthontario.ca

AMHO thanks each of our members for their ongoing engagement and support. We gratefully acknowledge the financial support of the Ministry of Health and Long-Term Care.

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