

# Conference Agenda

Day One - Tuesday, March 24<sup>th</sup>, 2026

MCs: **Andrew Chung**, Executive Director, HF Care  
**Alyssa Gremmen**, Board of Directors, AMHO and  
 Consultant with Collective Good Consulting

Addictions and Mental Health Ontario's  
 10<sup>th</sup> Annual Conference



**DRIVING CHANGE,  
 POWERED BY  
 COMMUNITIES**

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| 7:30 AM  | Breakfast                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 8:30 AM  | Opening Ceremony and Cultural Opening                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 8:45 AM  | Opening Remarks, AMHO Board Chair                                                                                                                              | Lori Spadorcia, Chair, Board of Directors, Addictions and Mental Health Ontario (AMHO) and Executive Vice-President, Public Affairs and Partnerships, and Chief Strategy Officer, Centre for Addiction and Mental Health (CAMH)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 8:50 AM  | CEO Address                                                                                                                                                    | Jennifer Holmes Weier, Chief Executive Officer, AMHO                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 9:00 AM  | Welcome Remarks Ontario Government                                                                                                                             | Hon. Vijay Thanigasalam, Associate Minister Mental Health and Addictions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 9:20 AM  | Opening Panel                                                                                                                                                  | <p><b>The Current State of Mental Health, Substance Use Health, and Addictions in Ontario</b></p> <ul style="list-style-type: none"> <li>• Dr. Alexander Caudarella, Chief Executive Officer, Canadian Centre on Substance Use and Addiction (CCSA)</li> <li>• Michael Cooper, Vice President of Data &amp; Partnerships, Mental Health Research Canada</li> <li>• Dr. Amy Porath, Director, Research and Mobilization, Knowledge Institute on Child and Youth Mental Health and Addictions (Knowledge Institute CYMHA)</li> <li>• Dr. Nadiya Sunderji, President and Chief Executive Officer, Waypoint Centre for Mental Health Care</li> </ul>                                                                                                                                                             |
| 10:15 AM | Networking and Wellness Break                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 10:30 AM | Sponsored Session                                                                                                                                              | <p><b>Using Virtual Reality Simulations to Teach Management of Opioid Overdose</b></p> <p>Dr. Petal Abool, Geriatric Psychiatrist, Medical Director, CAMH Simulation Centre</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 10:45 AM | Feature Session                                                                                                                                                | <p><b>Public Perspectives on Mental Health and Addictions Care</b></p> <p>David Coletto, Founder, Chair, Chief Executive Officer, Abacus Data</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| 11:45 AM | Sponsored Session                                                                                                                                              | Nicholas Watters, Executive Director, Knowledge Institute CYMHA                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 12:00 PM | Lunch<br>Sponsored by: Knowledge Institute CYMHA                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 1:00 PM  | Panel Discussion                                                                                                                                               | <p><b>Building a System of Profound Support</b></p> <ul style="list-style-type: none"> <li>• Dr. Andrew Boozary, Executive Director, Gattuso Centre for Social Medicine, University Health Network (UHN)</li> <li>• Carole-Anne Chiasson, Executive Director, Youth Wellness Hubs Ontario</li> <li>• Dr. Stephen Gaetz, Director, Canadian Observatory on Homelessness; Professor, York University</li> <li>• Paul Pedersen, Executive Director, Ontario Association of Chiefs of Police</li> </ul>                                                                                                                                                                                                                                                                                                          |
| 2:00 PM  | AMHO Communities of Practice                                                                                                                                   | <ul style="list-style-type: none"> <li>• Supportive Housing (Johnston)</li> <li>• Equity (Jackson)</li> <li>• Addictions Services (York and Simcoe)</li> <li>• Community Mental Health Services (Tom Thomson)</li> <li>• Child and Youth Mental Health and Addictions (Carmichael)</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 2:45 PM  | Networking and Wellness Break                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 3:00 PM  | Panel Discussion                                                                                                                                               | <p><b>Keys to Transformation: Health Equity</b></p> <ul style="list-style-type: none"> <li>• Dr. Scott Neufeld, Assistant Professor, Brock University</li> <li>• Ashnoor Rahim, VP Clinical Services, Ontario Shores Centre for Mental Health Sciences</li> <li>• Joanne Simons, Chief Executive Officer, Casey House</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 3:40 PM  | Panel Discussion                                                                                                                                               | <p><b>Keys to Transformation: Mental Health and Addictions Supportive Housing</b></p> <ul style="list-style-type: none"> <li>• Mark MacAulay, Board of Directors, AMHO and President and Chief Executive Officer, Ottawa Salus</li> <li>• Aaron Stauch, Executive Director, Ontario Municipal Social Services Association</li> <li>• Dr. Vicky Stergiopoulos, Senior Scientist, General Adult Psychiatry and Health Systems Division, CAMH</li> </ul>                                                                                                                                                                                                                                                                                                                                                        |
| 4:20 PM  | Closing Remarks                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 4:30 PM  | Program Concludes                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 7:00 PM  | <p><b>The Walrus Talks</b><br/> <b>Opioids, Presented by AMHO</b></p> <p>Isabel Bader Theatre,<br/>         93 Charles St W, Toronto,<br/>         M5S 2C7</p> | <p>Featuring seven-minute talks by:</p> <ul style="list-style-type: none"> <li>• Dr. Jennifer Brasch, Lead, Addiction Psychiatry, St. Joseph's Healthcare Hamilton</li> <li>• Chris Cull, Founder, Inspire by Example; Filmmaker; Healthcare Worker; Mental Health and Addictions Motivational Speaker</li> <li>• Rennie Linklater, PhD, Senior Director, Shkaabe Makwa, CAMH</li> <li>• Mayor Marianne Meed Ward, Mayor, Burlington, Chair of the Ontario Big City Mayor's Caucus</li> <li>• Scott Menzies, Founder, Hard Hats Support; CEO, The Coating Inspector</li> <li>• Suzanne Obiorah, Board of Directors, AMHO and CEO, Somerset West Community Health Centre; Co-founder, Ottawa Black Mental Health</li> <li>• Ahmad Salhia, Superintendent, Executive Services, York Regional Police</li> </ul> |

# Conference Agenda

Day Two - Wednesday, March 25<sup>th</sup>, 2026

MCs: **Andrew Chung**, Executive Director, HF Care  
**Alyssa Gremmen**, Board of Directors, AMHO and  
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| 7:30 AM  | <b>Breakfast</b>                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |
| 8:30 AM  | <b>Opening Remarks and Impact Storyteller</b>                                                                                                 | <ul style="list-style-type: none"> <li>• <b>Dan Bolton</b>, AMHO PWLLE Advisory Panel Member</li> <li>• <b>Eileen Starkman</b>, AMHO PWLLE Advisory Panel Member</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |
| 8:45 AM  | <b>Keynote Address</b>                                                                                                                        | <b>The Power of Health Communications to Shape Public Understanding, Influence Policy, and Drive Meaningful System Change</b> <ul style="list-style-type: none"> <li>• <b>André Picard</b>, Award-Winning National Health Writer and Author</li> </ul>                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |
| 9:45 AM  | <b>Fireside Chat</b>                                                                                                                          | <b>In Conversation with Ontario Health</b> <ul style="list-style-type: none"> <li>• <b>Matthew Anderson</b>, President and Chief Executive Officer, Ontario Health</li> <li>• <b>Jennifer Holmes Weier</b>, Chief Executive Officer, AMHO</li> </ul>                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |
| 10:15 AM | <b>Networking and Wellness Break</b>                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |
| 10:30 AM | <b>Panel Discussion</b>                                                                                                                       | <b>Keys to Transformation: Ontario's Mental Health and Addictions Workforce</b> <ul style="list-style-type: none"> <li>• <b>Mohamed Badsha</b>, Board of Directors, AMHO and CEO, Reconnect Health Services</li> <li>• <b>Dr. Mary Bartram</b>, Adjunct Research Professor, Carleton University ; McConnell Visiting Scholar, Max Bell School of Public Policy, McGill University</li> <li>• <b>Deborah Cohen</b>, Chief Operating Officer, Health Workforce Canada</li> <li>• <b>Sarah Hobbs</b>, Chief Executive Officer, Alliance for Healthier Communities</li> </ul>                     |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |
| 11:20 AM | <b>Concurrent Sessions</b>                                                                                                                    | <b>Waypoint Centre for Mental Health Care:</b> Connecting Care: Early Outcomes of Ontario's First Mental Health At-Home Program                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>Knowledge Institute CYMHA:</b> Advancing a Coordinated Pathway to Child and Youth Mental Health and Substance Use Health Care                                                                   | <b>De Novo Treatment Centre:</b> Correlation between Mental Health and Substance Use Outcomes in a Sample of Tradespeople                                                       | <b>Homes First:</b> Housing Operator and Virtual Opioid Agonist Therapy/Safer Supply Clinic Partnership to Stabilize Clients to Help Them Secure and Maintain Housing | <b>CAPSA:</b> Community-Verified Integration in the West Ottawa HART Hub                                                                                                                                                              |
|          | <b>The Neighbourhood Group Community Services and CAMH:</b> The Next Chapter: A Novel Post-Discharge Intervention for Substance Use Disorders | <b>Covenant House Toronto:</b> Reducing the Risk of Homelessness and School Disengagement with Cross-Systems Partnerships                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>Ottawa Inner City Health:</b> Treating People Where They're At: A Community Approach for People Experiencing Homelessness                                                                       | <b>HF Care:</b> Beyond the Referral: Re-Centering Racial Equity and Power in Community-Hospital Mental Health Partnerships                                                      | <b>Kids Come First:</b> Driving Change Through Partnership: A Hospital - Community Model for Paediatric Substance Use Health Care                                     |                                                                                                                                                                                                                                       |
| 12:00 PM | <b>Lunch</b>                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |
| 1:00 PM  | <b>Concurrent Sessions</b>                                                                                                                    | <b>City of Hamilton and McMaster University:</b> Evaluating the Benefits and Impacts of the Hamilton Public Library Social Work Program                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>Shkaabe Makwa, CAMH:</b> Lifting Societal Health: Health Justice and Reconciliation for First Nations, Inuit, and Métis                                                                         | <b>Schwartz/Reisman Emergency Medicine (SREMI) at Mount Sinai Hospital:</b> Making it Work for Young Adults in the Emergency Department: Pathway to Peers at Mount Sinai        | <b>SOAR Community Services:</b> Measuring What Matters: Implementing Progress and Outcome Monitoring Across a Diverse Continuum of Care                               | <b>Addiction Services Central Ontario (ASCO), Health Sciences North and CCSA:</b> From Barriers to Bridges: The Digital Front Door to Rapid Access Addictions Medicine (RAAM) Clinics in Ontario Improves Access to Care and Outcomes |
|          | <b>Your Support Services Network:</b> Crisis Service Continuum                                                                                | <b>The Family Navigation Project at Sunnybrook Health Sciences Centre:</b> Implementing the Family Navigation Project in Northern Ontario: A Community-Driven Approach                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>Homewood Health Centre Wellington-Dufferin-Guelph Public Health:</b> Building Resiliency in Adolescence: The Evolution of the Strengthen, Prevention & Awareness Workshops for Grade 8 Students | <b>Stonehenge Therapeutic Community, Guelph CHC and Kindle Communities:</b> Housing is Healthcare: Outcomes and Lessons from the 10 Sheldale Permanent Supportive Housing Model | <b>Wayside House of Hamilton:</b> Using Measurement to Drive Recovery: Pre-, Post- and Within Treatment Methods                                                       |                                                                                                                                                                                                                                       |
| 1:45 PM  | <b>Workshops and Consultations</b>                                                                                                            | <ul style="list-style-type: none"> <li>• <b>Quality for Leaders</b>, Excellence through Quality Improvement Project (E-QIP) (<a href="#">Varley</a>)</li> <li>• <b>Navigating Media Interviews with Confidence</b>, Enterprise Health (<a href="#">Tom Thomson</a>)</li> <li>• <b>Special Leadership Consultation (Member CEOs only)</b>, Ontario Mental Health and Addictions Centre of Excellence (<a href="#">Jackson</a>)</li> <li>• <b>Collaborating in a Hybrid Environment: Building Accountability, Connection &amp; Culture</b>, HR à la Carte (<a href="#">Johnston</a>)</li> </ul> |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |
|          | <b>Hot Topics</b>                                                                                                                             | <ul style="list-style-type: none"> <li>• <b>Mental Health and Addictions Workforce</b> (<a href="#">York</a>)</li> <li>• <b>Supportive Housing</b> (<a href="#">Toronto Ballroom I</a>)</li> <li>• <b>Ontario's Opioid Crisis</b> (<a href="#">Simcoe</a>)</li> </ul>                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |
| 2:30 PM  | <b>Networking and Wellness Break</b>                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |
| 2:50 PM  | <b>Closing Remarks</b>                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |
| 3:00 PM  | <b>Program Concludes</b>                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                    |                                                                                                                                                                                 |                                                                                                                                                                       |                                                                                                                                                                                                                                       |

| TIME                                   | ROOM                                                                                                                                                                                                                                                                                                                               | CONCURRENT SESSIONS                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 11:20 AM                               | Carmichael<br>Child and Youth Systems                                                                                                                                                                                                                                                                                              | <ul style="list-style-type: none"> <li>Reducing the Risk of Homelessness and School Disengagement with Cross-Systems Partnerships <ul style="list-style-type: none"> <li>Covenant House Toronto</li> </ul> </li> <li>Advancing a Coordinated Pathway to Child and Youth Mental Health and Substance Use Health Care <ul style="list-style-type: none"> <li>Knowledge Institute on Child and Youth Mental Health and Addictions</li> </ul> </li> </ul>            |
|                                        | Jackson<br>Bilingual<br>Co-Design                                                                                                                                                                                                                                                                                                  | <ul style="list-style-type: none"> <li>Driving Change Through Partnership: A Hospital - Community Model for Paediatric Substance Use Health Care <ul style="list-style-type: none"> <li>Kids Come First</li> </ul> </li> </ul>                                                                                                                                                                                                                                   |
|                                        | Johnston<br>Addressing Intersecting Needs                                                                                                                                                                                                                                                                                          | <ul style="list-style-type: none"> <li>Correlation Between Mental Health and Substance Use Outcomes in a Sample of Tradespeople <ul style="list-style-type: none"> <li>De Novo Treatment Centre</li> </ul> </li> <li>Housing Operator and Virtual Opioid Agonist Therapy/Safer Supply Clinic Partnership to Stabilize Clients to Help Them Secure and Maintain Housing <ul style="list-style-type: none"> <li>Homes First</li> </ul> </li> </ul>                 |
|                                        | Simcoe<br>A Relationship First Approach                                                                                                                                                                                                                                                                                            | <ul style="list-style-type: none"> <li>Treating People Where They're At: A Community Approach for People Experiencing Homelessness <ul style="list-style-type: none"> <li>Ottawa Inner City Health</li> </ul> </li> </ul>                                                                                                                                                                                                                                        |
|                                        | Tom Thomson<br>HART Hub: Community Integrations                                                                                                                                                                                                                                                                                    | <ul style="list-style-type: none"> <li>Community-Verified Integration in the West Ottawa HART Hub <ul style="list-style-type: none"> <li>Community Addictions Peer Support Association (CAPSA)</li> </ul> </li> </ul>                                                                                                                                                                                                                                            |
|                                        | Varley<br>Racial Equity and Power                                                                                                                                                                                                                                                                                                  | <ul style="list-style-type: none"> <li>Beyond the Referral: Re-Centering Racial Equity and Power in Community-Hospital Mental Health Partnerships <ul style="list-style-type: none"> <li>HF Care</li> </ul> </li> </ul>                                                                                                                                                                                                                                          |
|                                        | York<br>Hospital and Community Partnerships                                                                                                                                                                                                                                                                                        | <ul style="list-style-type: none"> <li>The Next Chapter: A Novel Post-Discharge Intervention for Substance Use Disorders <ul style="list-style-type: none"> <li>The Neighbourhood Group Community Services and Centre for Addiction and Mental Health</li> </ul> </li> <li>Connecting Care: Early Outcomes of Ontario's First Mental Health At-Home Program <ul style="list-style-type: none"> <li>Waypoint Centre for Mental Health Care</li> </ul> </li> </ul> |
| 1:00 PM                                | Carmichael<br>Client-Centered Data Systems                                                                                                                                                                                                                                                                                         | <ul style="list-style-type: none"> <li>Measuring What Matters: Implementing Progress and Outcome Monitoring Across a Diverse Continuum of Care <ul style="list-style-type: none"> <li>SOAR Community Services</li> </ul> </li> <li>Using Measurement to Drive Recovery: Pre-, Post- and Within Treatment Methods <ul style="list-style-type: none"> <li>Wayside House of Hamilton</li> </ul> </li> </ul>                                                         |
|                                        | Jackson<br>Cross-Sector Partnerships                                                                                                                                                                                                                                                                                               | <ul style="list-style-type: none"> <li>Evaluating the Benefits and Impacts of the Hamilton Public Library Social Work Program <ul style="list-style-type: none"> <li>City of Hamilton &amp; McMaster University</li> </ul> </li> <li>Crisis Service Continuum <ul style="list-style-type: none"> <li>Your Support Services Network</li> </ul> </li> </ul>                                                                                                        |
|                                        | Johnston<br>Gambling Harm Prevention and Youth                                                                                                                                                                                                                                                                                     | <ul style="list-style-type: none"> <li>Building Resiliency in Adolescence: The Evolution of the Strengthen, Prevention &amp; Awareness Workshops for Grade 8 Students <ul style="list-style-type: none"> <li>Homewood Health Centre and Wellington-Dufferin-Guelph Public Health</li> </ul> </li> </ul>                                                                                                                                                          |
|                                        | Simcoe<br>Adapting Care for Youth                                                                                                                                                                                                                                                                                                  | <ul style="list-style-type: none"> <li>Hidden Needs and Missed Signals: Neurodevelopmental Barriers in Youth Substance Use <ul style="list-style-type: none"> <li>Pine River Institute</li> </ul> </li> <li>Making it Work for Young Adults in the Emergency Department: Pathway to Peers at Mount Sinai <ul style="list-style-type: none"> <li>Schwartz/Reisman Emergency Medicine (SREMI) at Mount Sinai Hospital (MSH)</li> </ul> </li> </ul>                 |
|                                        | Tom Thomson<br>Housing is Healthcare                                                                                                                                                                                                                                                                                               | <ul style="list-style-type: none"> <li>Housing is Healthcare: Outcomes and Lessons from the 10 Shelldale Permanent Supportive Housing Model <ul style="list-style-type: none"> <li>Stonehenge Therapeutic Community, Guelph Community Health Centre and Kindle Communities</li> </ul> </li> </ul>                                                                                                                                                                |
|                                        | Varley<br>Justice, Equity, and Service Delivery                                                                                                                                                                                                                                                                                    | <ul style="list-style-type: none"> <li>Lifting Societal Health: Health Justice and Reconciliation for First Nations, Inuit, and Métis <ul style="list-style-type: none"> <li>Shkaabe Makwa, CAMH</li> </ul> </li> <li>Implementing the Family Navigation Project in Northern Ontario: A Community-Driven Approach <ul style="list-style-type: none"> <li>The Family Navigation Project at Sunnybrook Health Sciences Centre</li> </ul> </li> </ul>               |
| York<br>Rural and Northern Communities | <ul style="list-style-type: none"> <li>From Barriers to Bridges: The Digital Front Door to RAAM Clinics in Ontario Improves Access to Care and Outcomes <ul style="list-style-type: none"> <li>Addiction Services Central Ontario, Health Sciences North and Canadian Centre on Substance Use and Addiction</li> </ul> </li> </ul> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

# Thank You Sponsors

Lunch Sponsor:



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