



Sandy Hill Community Health Centre

--- Job Posting ---

Internal/External Employment Opportunity

Position:	Health and Wellness Coach
Component/Team:	Health Promotion and Chronic Disease Management
Status:	18 Month Maternity Leave Replacement Contract, 0.6 FTE Part-Time (21 hours per week)
Salary Scale:	\$55,182 - \$66,466 annualized salary plus benefits, both pro-rated to part-time status
Start Date:	Immediately

Position Description:

The Health and Wellness Coach (21 hours per week) organizes health promotion programs to assist clients to increase control over their health, promotes wellness and healthy lifestyles and builds a sense of community.

The Health and Wellness Coach works closely with a variety of populations to provide comprehensive health promotion programs (workshops, groups, individual) in suitable locations and on relevant topics of interest with an emphasis on Chronic Disease Prevention and Management. The Health and Wellness Coach acts as a health promotion resource for the community and for the Centre's staff regarding inter disciplinary client care issues and liaises with community agencies/organizations who provide health.

Skills, Education and Experience:

Requirements for this position include:

Education and Language

- A Bachelor's degree in Health, Social Sciences or a related discipline
- Under the Centre's designation to provide French Language Services:
 - French (oral expression): Advanced
 - French (oral comprehension): Advanced +
 - French (reading comprehension): Intermediate +
- Fluency in English, both oral and written

Professional Experience

- A minimum four years professional experience with progressive responsibility in a community health setting
- Experience in leading projects and/or groups
- Experience in needs assessment, program development, implementation and evaluation
- Two to four years front line client experience developing and providing health promotion services and programs in a community health setting



- Experience working with a broad range of populations, including: youth, street-involved people, people living with mental health challenges and/or substance use disorder, racialized and newcomer communities and people experiencing significant barriers to access care

Knowledge, Skills and Abilities

- Strong administrative and organizational skills
- Strong communications skills
- Strong leadership and facilitation skills
- Demonstrated ability to exercise strong decision-making skills and deal with unpredictable situations
- Ability to work effectively in a multi-disciplinary team environment including understanding of professional nursing and dietitian roles, scope and standards.
- Ability to pay close attention to detail
- Demonstrated client-centredness, flexibility, good judgment, initiative and creativity
- Knowledge, understanding and sensitivity to diversity; social determinants of health and barriers to access care
- Ability to work within a harm reduction framework
- Knowledge of coaching and motivational interviewing techniques
- Knowledge and experience with health promotion strategies and techniques
- Strong time management skills with the ability to manage multiple demands and tasks
- A non-judgmental and positive attitude

Reporting Relationship:

As an employee of the Sandy Hill Community Health Centre, the incumbent is responsible to the Director of Integrated Health Services and through them to the Executive Director.

Conditions of Employment:

Hours of work will be developed in collaboration with the successful candidate to ensure a healthy work-life balance. A schedule of work will be based on the Centre's hours of operation and program requirements and may include some evenings.

An offer of employment will be conditional upon the candidate completing a criminal reference check, verification of educational requirement for this position and linguistic profile to the satisfaction of the Sandy Hill Community Health Centre.

Accommodation:

SHCHC will provide accommodation for applicants with disabilities in its recruitment process.

If at any stage in the selection process you require accommodation due to disability, please let us know the nature of the required accommodation.



How to Apply:

To apply, please visit sandyhillchc.workable.com and select the appropriate job opening.

Clients of the Centre are welcome to apply. Should a client become the successful candidate, they will no longer be able to continue receiving services at Sandy Hill Community Health Centre. Assistance will be made available to find an alternative provider.

POSTING DATE: October 7, 2025

CLOSING DATE: October 21, 2025 at 4:00 p.m.