

## **SELF EMPLOYED, PSYCHIATRIST - CONSULTANT**

### **Assertive Housing First Team (AHFT) - WEST**

#### **One (1) Non-Bargaining Unit Contract, Part-Time Position**

**15 - 20 Hours per Week, 2-3 Weekdays/Week**

### **About Cota**

If you're looking to contribute your expertise at a community-based organization making a positive impact in the lives of thousands of people each year - Cota would love to hear from you!

We provide a collaborative and inclusive work environment that emphasizes employee support, learning opportunities and excellence in our field. We offer flexible hours and employer-paid benefits for some classifications along with other perks and wellness activities.

For 50 years, Cota has been supporting adults with mental health and cognitive challenges to live well within their community. We provide person-centred support to help individuals find inspiration and hope in themselves, so they are better able to pursue meaningful change in their lives.

To find out more about us and our programs/services and employee benefits please visit our [website!](#)

### **Role Overview**

We are seeking a dynamic and innovative self employed Psychiatrist who will work enthusiastically to deliver recovery oriented, client and family centered and comprehensive services that meet client needs, ensure client safety and work within a quality improvement framework to identify opportunities for enhancing quality and quantitative outcomes of the services. Client and family centered care is guiding principle at Cota that helps improve decision making processes, health outcome and client experiences. The self employed Assertive Housing First Team (AHFT) Psychiatrist will embed this guiding principle into their work.

## **About the Team**

AHFT West is targeted to individuals 18+ years of age. 50% of AHFT clients are living with complex mental health challenges and are homeless at intake; and 50% are living with complex mental health challenges, are homeless at intake, and have justice involvement (referred through court support programs and/or local correctional facilities). AHFT utilizes an interdisciplinary and Housing First approach to support individuals to live well in their community.

## **Primary Responsibilities:**

- Be an experienced, compassionate, positive and innovative team player on the AHFT Team.
- Work with clients 18 years of age and older who are experiencing significant difficulties as a result of serious and persistent mental illness, and may also be struggling with addictions.
- Work collaboratively with clients and the AHFT team to provide treatment, rehabilitation and support to clients.
- Provide psychiatric/medical evaluation, diagnosis and medication management services in an outpatient clinical setting and the community as required.
- Conduct psychiatric assessments for program eligibility in conjunction with AHFT and support the interdisciplinary team (comprised of a manager, nurses, case managers, peer support worker, program assistant and housing coordinator).
- Provide or assist team members in the provision of support, education, and counseling to members of the client's support network to help them become knowledgeable about mental health, so that they can collaborate in the treatment process.
- Demonstrate sound clinical skills as required to support the needs of AHFT clients.
- Ensure accurate and timely documentation and data entry.
- Be available to work 2-3 weekdays/week, attending the AHFT team meetings on those days, followed by client appointments in the office and/or in the community.
- Undertake other duties as required and within the scope of practice.

## **The Successful Candidate Requires:**

- Certified by the College of Physicians and Surgeons of Ontario (CPSO) or has comparable qualifications with a specialty certification in adult psychiatry or an equivalent designation.
- Minimum of 2-years practicing as a psychiatric physician working with adults with serious mental health and/or mental health and addictions issues.
- Maintain 3-4 hours of availability throughout the week for consultation as needed.

- Experienced or have knowledge of working with people who are homeless, struggling with addictions and potentially involved in the mental health and justice system.
- Working knowledge with the Ontario Mental Health Act and Mental Health Reform.
- Knowledge of Psychosocial Rehabilitation and Recovery as guiding principles for assessing and developing treatment plans for clients.
- Excellent clinical mental health assessment and interview skills
- Knowledge of psychotropic medications, especially the newer neuroleptics, and their intended effects and possible side effects.
- Ability to dispense and inject neuroleptics as require.
- Ability to share information with clients and families about medications, symptoms, side effects and health and wellness behaviours.
- Knowledge of trends, issues related to the delivery of services to a mental health client population.
- Excellent knowledge of community resources available to people living with mental illnesses/addiction challenges.
- Excellent diplomacy and conflict resolution skills.
- Excellent computer skills (e.g., Word, Excel, Microsoft Outlook).

#### **Other Requirements and Working Conditions:**

- Be available to work 2-3 weekdays/week, to be agreed with Manager of AHFT West.

#### **Application Details:**

Please forward a cover letter and your current resume to the link below:

<https://cota-external.scouterecruit.net/jobs/EX209-psychiatrist-consultant>

#### **Cota's Values & Commitment**

Cota's core values of Hope, Respect, Dedication, Equity, Collaboration and Innovation are at centre of who we are and what we do.

As an equal opportunity employer, we remain dedicated to sustaining an experienced workforce that reflects Cota's commitment to recognising everyone's contributions, respect of everyone's dignity, unique experience and potentials.

Cota will not condone or tolerate any acts of discrimination or harassment under any of the grounds protected under human rights legislation. This commitment extends to the hiring process and throughout the course of employment.

### **Cota's Diversity Statement**

Cota remains respectful of all protected rights in line with the grounds laid out by the Ontario Human Rights Code (OHRC). Cota is also strongly committed to diversity and especially welcomes applications from racialized persons/persons of colour, women, Indigenous/Aboriginal People of North America, persons with disabilities, LGBTQ2S+ persons, and others who may contribute to the further diversification of ideas.

As part of our hiring process, you may be asked to complete demographic survey. This survey is voluntary and any information provided shall remain anonymous and confidential, only being used for the purpose of workforce reporting.

### **Cota's Accessibility Statement**

Cota is committed to the principles of the Accessibility for Ontarians with Disabilities Act (AODA). As such, we strive to make our entire hiring process as accessible as possible and provide accommodations as required for applicants with disabilities. For any recruitment related accommodation needs and/or requests please contact the HR Department via email to [humanresources@cotainspires.ca](mailto:humanresources@cotainspires.ca)

### **Additional Information:**

**Interview Process:** Interview process: Cota may choose to conduct parts/all of the hiring process virtually. Please note that as part of maintaining an agile workforce, all Cota staff may be required to be reasonably reassigned to support the operational needs of our essential services.

**Scent Free:** Cota encourages a scent-free environment. Any staff or visitor attending any of our sites should please refrain from wearing fragrances and other scented personal care products (i.e. perfumes, deodorants, lotions, hairspray, etc.)

We would like to thank all those that apply; however, due to high volumes of interests, only those selected for an interview will be contacted.

Thank you, Cota's HR Department.